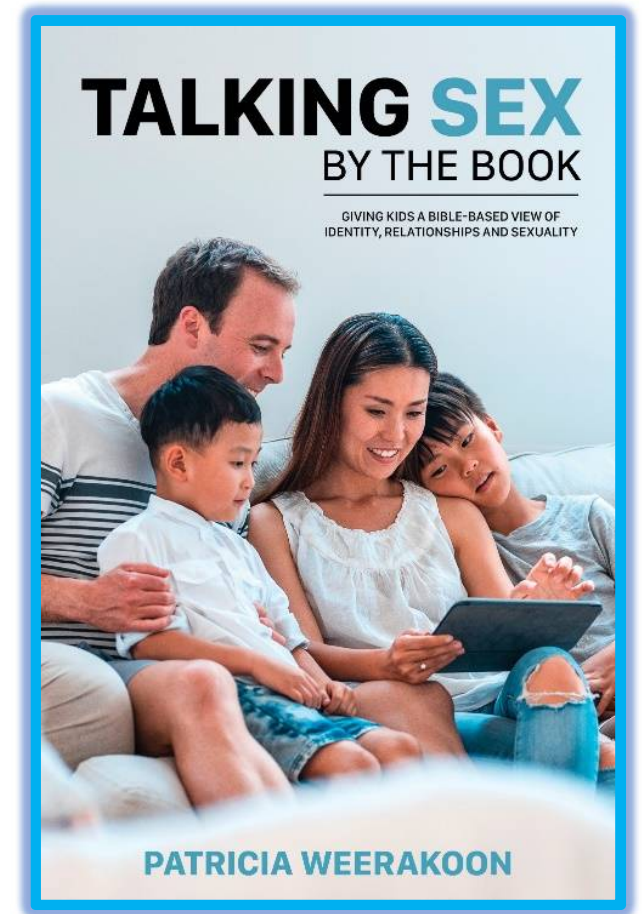


# Sex education & the Cyberworld

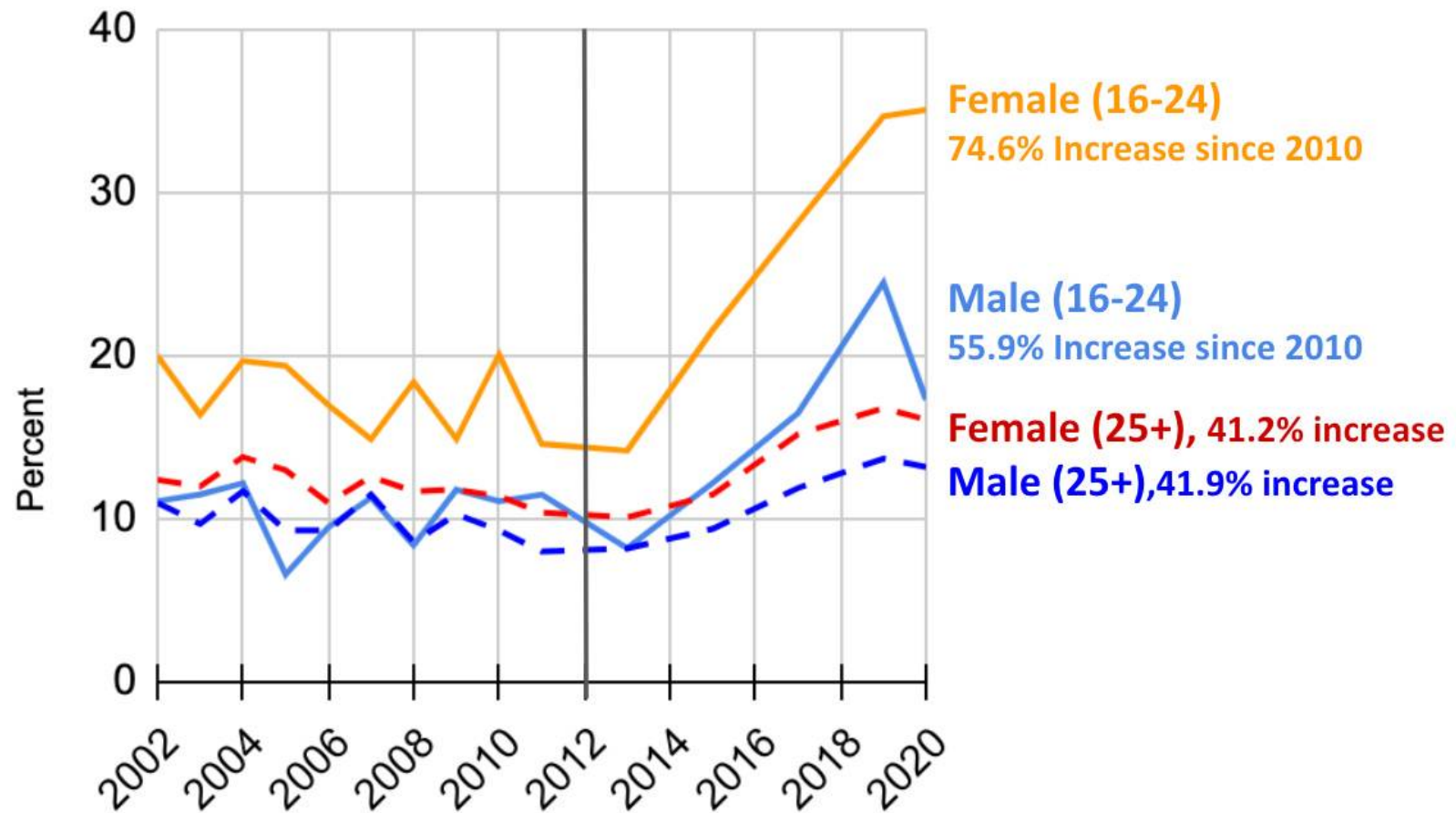


# Sex education & the Cyberworld

Your kids: Gen 'Z' and Gen 'alpha'

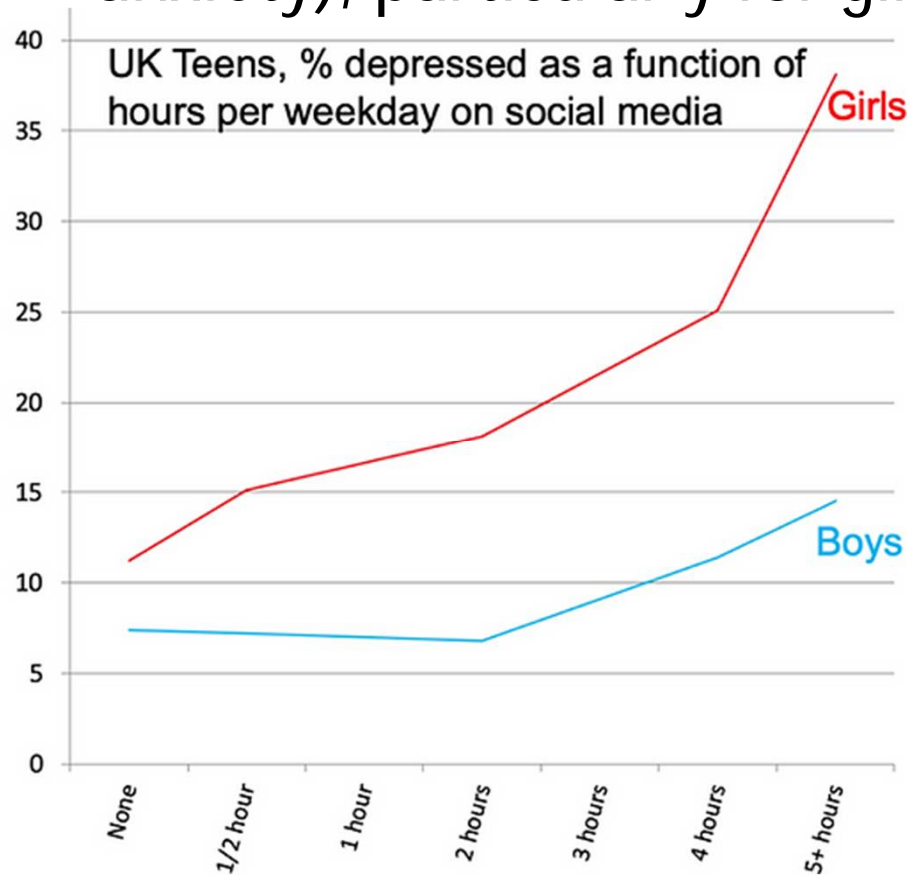
- **Why?**
  - A Virtual Immersion
  - in a Sexular Culture
  - of a Developing brain
- **How?**
- **What?** Sex, Gender, Porn

## Psychological Distress, Australia



Australia's Health Snapshots 2022: Mental Health of Young Australians

Association between heavy social media use and poor mental health outcomes (depression anxiety), particularly for girls.



YouTube

TikTok



Twitch

Discord



Instagram

Snapchat



Tumblr

Reddit



Omegle

# 'Hive Mind' of social media

- Comparator Culture
  - YouTube/Instagram influencers
  - Virtual popularity of likes and downloads
  - Cyber bullying
- Chat forums
  - Transgender, grooming
  - 'Unhealthy' communities (Tumblr, Reddit)
- Dark web
  - Pornography
  - Predators

*[internetsafety101.org](http://internetsafety101.org)*

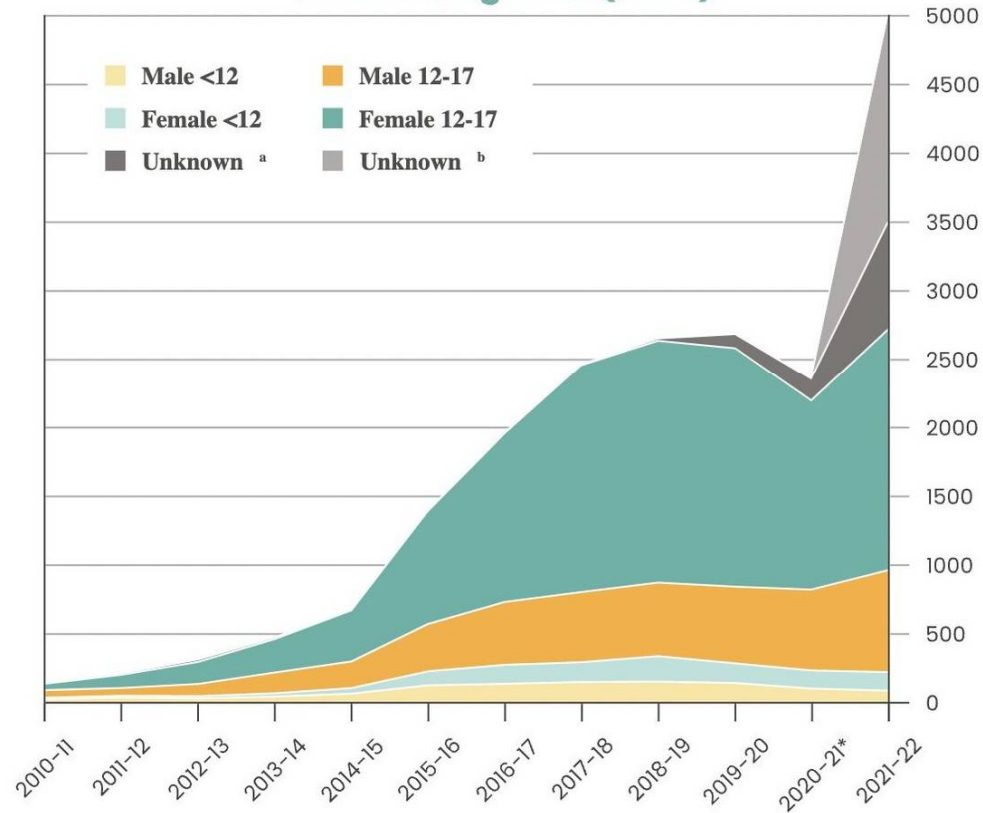
*[esafety.gov.au](http://esafety.gov.au)*

# Rising tide of distress & referrals to gender clinics

One in five Gen Z adults identify as LGBT [US]

Bisexual identification is most common [US]

Child and Adolescent Referrals for Gender Dysphoria  
United Kingdom (GIDS)



**Why?**

Social acceptance theory

'Cool to be queer' testing out identity at adolescence

Social contagion

*From:* Morality & meaning in community

*To:* Desire driven individualism

- I look inward to *my feelings* to find my '*authentic self*'
- I need *my desires* met to be happy & content

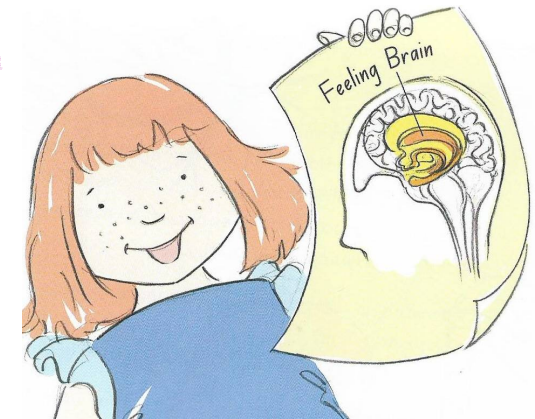
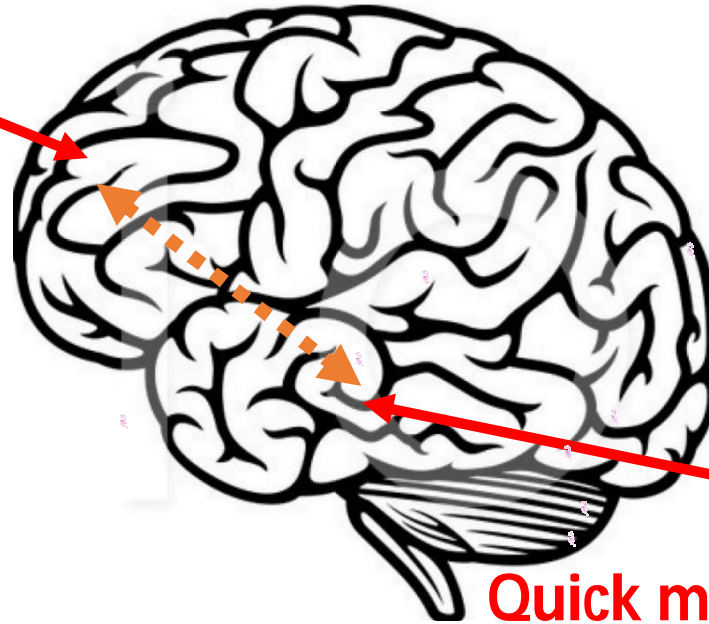
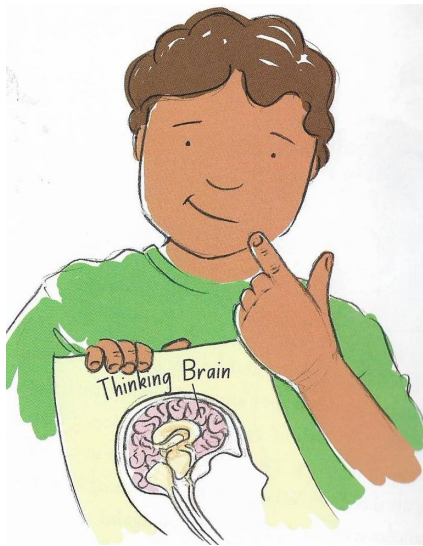
➡ Aggressive Selfishness

- Sex is a **commodity** for my personal pleasure, AND
- Sex is **my identity**
- Body is incidental – for my pleasure

➡ Sexual liquidity in a malleable body

# Neuroplasticity & developmental dissonance

**Slow maturing:**  
CONTROL BRAIN



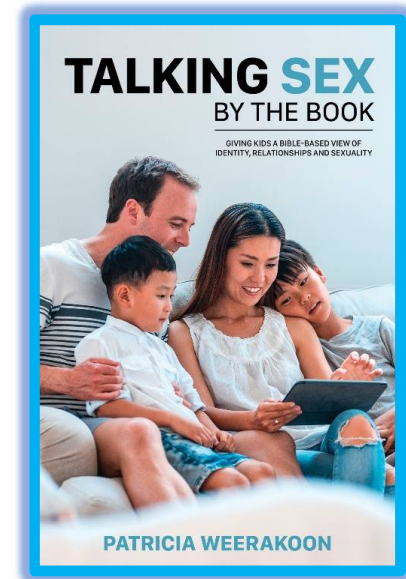
**Quick maturing:** EMOTIONAL BRAIN

- Independence, Identity,
- Quick rewards
- Risk taking, peer approval,
- Sex

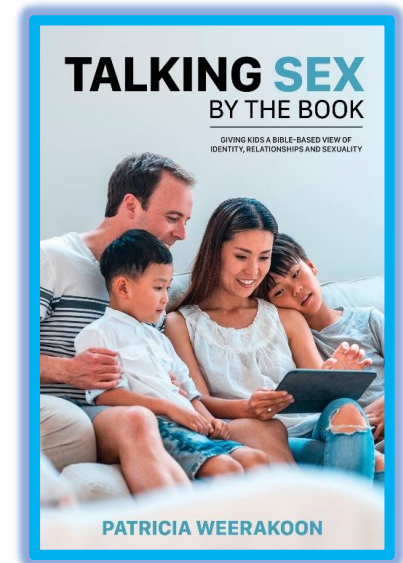


# Barriers to parental sex education

- I am too embarrassed
- I don't know what to say or how
- Myths
  - Sex communication is a green light to have sex
  - Childhood innocence. 'My kids are too young'
  - Wait till asked (reactive)
- Fear of 'peer/other parents/teachers disapproval.



- When?
- How?
  - **Talk:**
    - Proactive & Reactive
    - Teachable moments – Gospel opportunities
    - Drip feed dialogue
    - Use resources
  - **Role model** Attitudes, Values, Behaviour
- What?



## Science of Sexuality

- Desire
- Romantic Love
- Sexual intimacy

### Culture of individualistic self gratification:

- ❖ Sexual desires must be met for a full life
- ❖ Romantic love must be consummated.
- ❖ Sexual intimacy is a commodity – for pleasure
  - ❖ *I am my desires*

# God's story for sexual intimacy in marriage

## From Creation....

'The man said 'This is now bone of my bones and flesh of my flesh' .....That is why a man leaves his father and mother and is united to his wife, and they become one flesh.' Gen 2:23-25

## To the New Creation

'The wedding of the Lamb has come, and his bride has made herself ready..... Blessed are those who are invited to the wedding supper of the Lamb!' Rev 19:7-9

## Powerful: with a Place and a Purpose

'Place me like a seal over your heart, like a seal on your arm; for love is as strong as death, its jealousy unyielding as the grave. It burns like blazing fire, like a mighty flame. Many waters cannot quench love; rivers cannot sweep it away.' Song of Songs 8:6-7

### Not to be treated lightly

'Do you not know that your bodies are members of Christ?... your body is a temple of the Holy Spirit ...you were bought with a price. So glorify God in your body. 1 Cor 6

We do not live by our desires *Jeremiah 17:9; Matthew 15:18-20*

True love seeks the good of the other not selfish self gratification  
*Phil 2:3-4; Mark 10:43b-45*

We do not need sexual intimacy for a full life. *Psalms 16:11*

### **Teach and role model:**

Non-sexual intimate friendship

Commitment → Covenant promises → Coitus

# Disordered desire: Pornography

## How can your kid get hooked on porn?

- Natural **curiosity** about body and sex
- **Body response** to sex is natural and confusing
- Affects **brain chemistry**
- **Shame**. Hides it from parents. Child feels that he/she is 'bad'
- **Continues watching**: Compulsive, addictive behaviour

# Pornography: What can you do?

## Step 1: Talk and Train

- Talk: God's plan for good sex
- Teach them what to do:
  - Say "NO"
  - Run away
  - Talk to someone

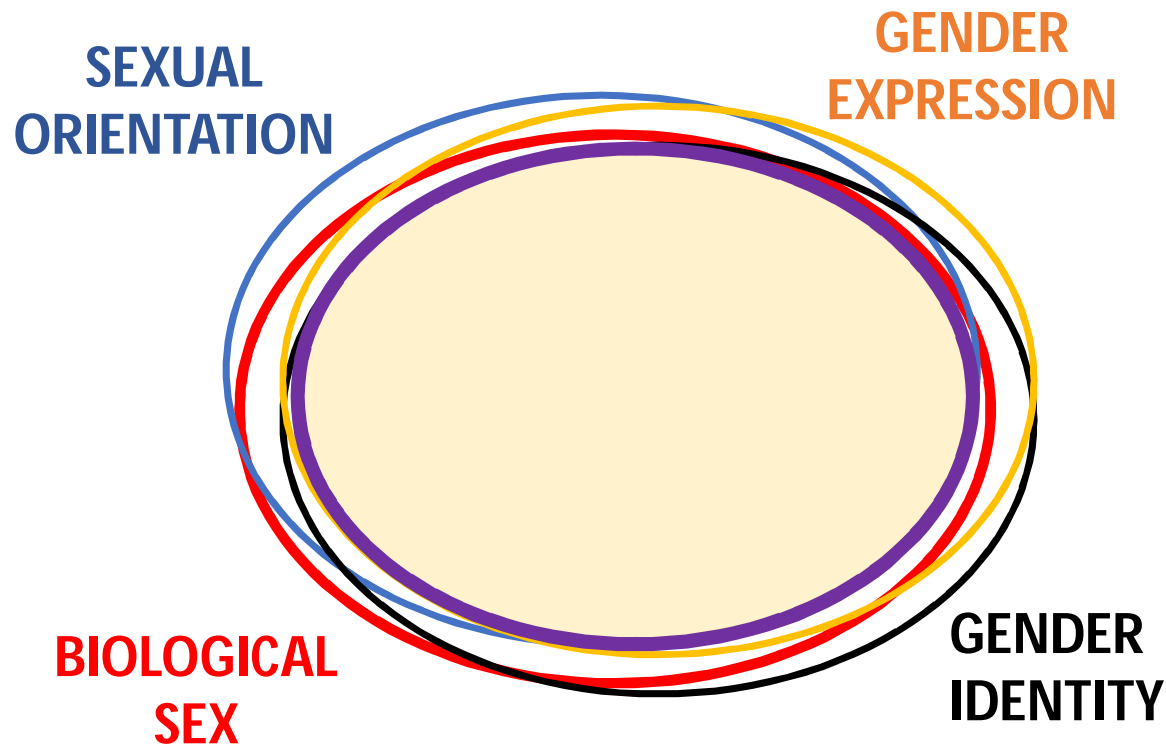
## Step 2: Put technology to work for you

- Filters:
- Accountability software

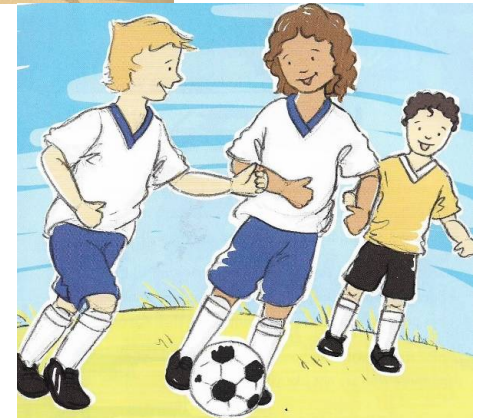
## Step 3. Follow up regularly



# Transgender Ideology



Sex is determined at conception observed visually while in the womb and **confirmed** at birth



## Hot topics

Why did God make sex fun and then want us to wait till we are married?

How far can we go when dating?

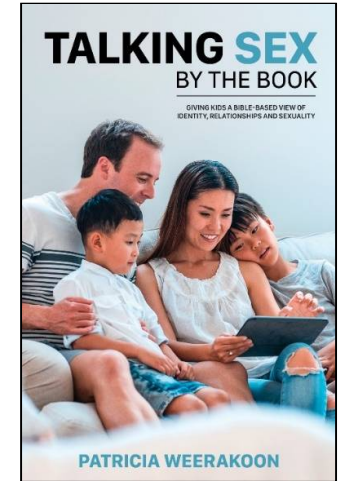
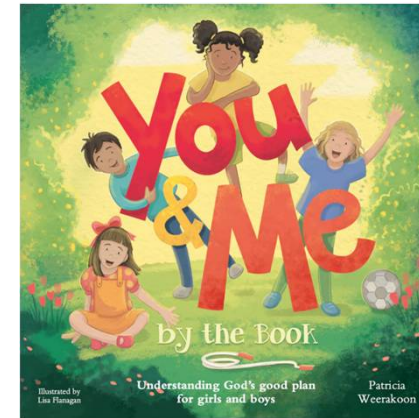
What's wrong with watching porn?

Does God hate gays/non binary/trans.....

Is masturbation a sin?

## No perfect parent!

*Here is a trustworthy saying that deserves full acceptance: **Christ Jesus came into the world to save sinners** – of whom I am the worst. But for that very reason I was shown mercy so that in me, the worst of sinners, Christ Jesus might display his immense patience as an example for those who would believe in him and receive eternal life.  
(1 Tim 1:15-16)*



## Birds and Bees by the Book



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