

A life worthy of the greatest calling we can have.

A prisoner for the Lord urges the saints to live a worthy life.

What is unity of the spirit?

How to maintain unity of the spirit.

- Humble – conceit is sneaky
- Gentle
- Patient
- Bearing with each other **in love**

Our rights and our unity

Disunity and its effects.

How deep is our unity?

Gods gifts to equip saints

How to reach maturity and how it helps